

DIGESTIVE DISEASES GROUP
5236 W. University Drive, Suite 2200
McKinney, Texas 75071
(469)800-5375

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Instructions for Upper Endoscopy (EGD)

1. **Medication:** Please notify us if you are on the following medications: **Plavix, Aggrenox, Pletal (cilostazol), Coumadin (Warfarin), Pradaxa, Effient, Xarelto, Brilinta, Eliquis or aspirin.** You will need to hold these medications **5 days prior to your procedure.** We will need to have cardiac clearance in writing from your cardiologist or PCP **BEFORE** your procedure. You should not use **Lovenox** the day of your procedure. **You should avoid taking any NSAID's i.e. Ibuprofen, Advil, Motrin, Aleve, Naproxen or Aspirin for 1 week prior to the procedure. You may continue to take all other medications.** Please call our office with any questions you may have.
2. **Diet:** You cannot have anything to eat or drink, including water, after midnight.
3. **Additional Instructions:** Please remove all jewelry prior to the procedure.
4. **Transportation:** You must have someone you know drive you home. Taxicabs are not acceptable. You may **not** walk home. You can expect to be at the facility 3-4 hours from your arrival time.

Please report to:

**Baylor Medical Center at McKinney,
5252 W. University Drive, McKinney, TX 75071.
Registration Desk, 1st floor**

PLEASE CALL THE OFFICE 48 HOURS IN ADVANCE IF YOU NEED TO CANCEL OR RESCHEDULE THE PROCEDURE. (469) 800-5375.