

DIGESTIVE DISEASES GROUP
5236 W. University Drive, Suite 2200
McKinney, Texas 75071
(469)800-5375

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INSTRUCTIONS FOR COLONOSCOPY WITH SUPREP
*****SPLIT – DOSE****

- 1. Medication:** Please notify us if you are on the following medications: **Plavix, Aggrenox, Pletal (cilostazol), Coumadin (Warfarin), Pradaxa, Effient, Xarelto, Brilinta or Eliquis.** You will need to hold these medications **5 days prior to your procedure.** We will need to have cardiac clearance in writing from your cardiologist or PCP **BEFORE** your procedure. You should not use **Lovenox** the day of your procedure. **You should avoid taking any NSAID's i.e. Ibuprofen, Advil, Motrin, Aleve, Naproxen or Aspirin for 1 week prior to the procedure.** ****If you are Diabetic, please refer to the separate instructions for patients with diabetes regarding your medication and diet**.** **You may continue to take all other medications.** Please call our office with any questions you may have.
- 2. Diet:** The day before colonoscopy, consume **CLEAR LIQUIDS ONLY! DO NOT EAT ANYTHING SOLID!** Avoid dairy products and anything that is red! Drink plenty of fluids all day. Examples: water, tea, sodas, Gatorade, strained fruit juices (no pulp), beef or chicken broth, Jell-O and popsicles. You may have coffee without cream in the morning but not the evening before your procedure or the morning of your procedure.
- 3. Prep Instructions: DAY BEFORE:** Prepare the first dose of **SUPREP** in the morning. You may refrigerate. You will begin your **first dose at 6:00 p.m.** When finished drink (2) two 16 oz. cups of water **within 1 hour.**
MORNING OF PROCEDURE: 5 ½ hours prior to your procedure time drink the second dose of the prep. Follow again with (2) two 16 oz. of water **within 1 hour. You should be finished drinking at least 4 hours prior to procedure time. YOU SHOULD NOT HAVE ANYTHING ELSE TO DRINK 4 HOURS PRIOR TO YOUR SCHEDULED PROCEDURE TIME.** Please remove all jewelry prior to the procedure.
- 4. Transportation:** You must have someone you know drive you home. Taxicabs and buses are not acceptable. You may **not** walk home. You can expect to be at the facility 3-4 hours from your arrival time.

Please report to:

**Baylor Medical Center at McKinney,
5252 W. University Drive, McKinney, TX 75071.
Registration Desk, 1st floor**

PLEASE CALL THE OFFICE 48 HOURS IN ADVANCE IF YOU NEED TO CANCEL OR RESCHEDULE THE PROCEDURE. (469) 800-5375.